

SUPPLY BOX CHECK LIST

(Supply boxes are limited to the following dimensions: 40" x 24" X 40")

Each team will bring an equipment box containing only one each of the following items, unless a different quantity is noted.

REMEMBER: Senior teams will have a heat source. Novice and Junior teams will not have a heat source:

Bench Scraper
Bowls (up to 4 – any size)
Can opener
Colander
Cookie Cutters (up to 2 – team choice)
Cutting boards (up to 4)
Disposable tasting spoons (no limit)
Dry measuring cups (1 set)
Electric skillet *Seniors only*
Extension cord (multiple outlet or strip style) *Seniors only*
First aid kit
Food Thermometer
Fork
Gloves
Grater
Hand sanitizer
Hot pads (up to 5)
Hot plate (ELECTRIC only - single or double burner) *Seniors only*
Kitchen shears (1 pair)
Kitchen timer
Knives (up to 6)
Liquid measuring cup
Measuring spoons (1 set)
Meat Tenderizer

Non-stick cooking spray
Note cards (no larger than 5 x 7; must be blank)
Pancake turner (2)
Paper towels (1 roll)
Pencils (no limit)
Plastic box and/or trash bag for dirty supplies
Pot with lid *Seniors only*
Potato masher
Potato peeler
Rolling pin
Sanitizing wipes
Serving dishes/utensils:
• 1 plate/platter
• 1 bowl
• 1 utensil
Skewers (1 package – wood or metal)
Skillet with lid *Seniors only*
Spatula (up to 2)
Stirring spoon
Storage bags (no limit)
Tongs (2 sets)
Toothpicks (no limit)
Whisk

***NEW* Supply Box Pantry Items**

Each team may include the following items in their supply box to be used during the contest.

- Salt (any size)
- Pepper (any size)
- 1 onion, unpeeled
- Oil (up to 17 oz)
- Cornstarch (up to 1 lb) **OR** Flour (up to 1 lb) (team choice)
- 1 jar chicken bouillon **OR** broth (up to 14.5 oz)
- Rice* (white or brown) **OR** pasta* (up to 16 oz) (team choice) *must be uncooked/dried
- 2 cans (up to 16 oz) vegetables **AND/OR** fruit (team choice)
- 3 dried herbs or spices of team's choice (any size)